

[American Civil Liberties Union \(ACLU\)](#)

The ACLU provides detailed Know Your Rights guides for immigrants, including information on interactions with Immigration and Customs Enforcement (ICE) and law enforcement. Use your local Rapid Response Network to verify or report community immigration raids.

- [What to do if stopped by police or ICE](#)
- [List of contact information](#) for legal organizations that assist immigrants.

[The Coalition for Humane Immigrant Rights \(CHIRLA\) - My Rights Hub](#)

If you or a loved one needs help, click below or call to connect to CHIRLA's raids rapid response team. Call: 888-624-4752

[Immigrant Legal Resource Center \(ILRC\)](#)

All people in the United States, regardless of immigration status, have certain rights and protections under the U.S. Constitution. The ILRC's Red Cards help people assert their rights and defend themselves in many situations, such as when ICE agents go to a home.

ILRC provides community resources, [Know Your Rights toolkit](#), cards, and workshops to help immigrants understand and assert their rights.

- This [STEP-BY-STEP FAMILY PREPAREDNESS PLAN / Plan de Preparacion](#) from the [Immigrant Legal Resource Center](#) and here is a link to [Red Cards / Tarjetas Rojas](#) (available to print in multiple languages).

[National Immigration Law Center \(NILC\)](#)

NILC offers comprehensive legal resources and Know Your Rights materials tailored for immigrants.

- [Health Care Providers and Immigration Enforcement: Know Your Rights, Know Your Patients' Rights](#)

[SAMHSA Disaster Distress Phone & Chat Line \(24/7\) || English & Spanish](#)

The Disaster Distress Helpline (DDH) is the first national hotline dedicated to providing year-round disaster crisis counseling. This toll-free, multilingual, crisis support service is available 24/7 to all residents in the U.S. and its territories who are experiencing emotional distress related to natural or human-caused disasters.

Call or text 1-800-985-5990

[United We Dream](#)

The largest immigrant youth-led organization in the U.S., offering Know Your Rights resources specifically for undocumented individuals, including DACA recipients.

[USC Gould Immigration Clinic's Immigrant Legal Assistance Center \(ILAC\)](#)

The Immigration Clinic housed in the USC Gould School of Law offers free support for USC Students, Staff, and Faculty who may be impacted by risk of deportation, are eligible for immigration status, and have questions about their rights under Immigration Law. Their [Immigrant Legal Assistance Center](#) can be reached at 213-821-9627 or iclinic@law.usc.edu.

[USC Undocumented & DACAmented Students](#)

Follow the hashtag #KnowYourRights on social media for more information.